

TDHS Learning Day

Trimester 1 - Comprehensive Distance Learning

5 Periods 45 minutes each - 5 minutes between classes

Teacher Office Hours
Student Support Time
Wellness and Outreach
Community Building/ASB

7:30 - 9:50

Prep Time

9:50 - 11:00

Period 1

11:00 - 11:45

Period 2

11:50-12:35

**Nutrition Break
Lunch**

12:35 - 1:05

Period 3

1:05 - 1:50

Period 4

1:55 - 2:40

Period 5

2:45 - 3:30